

Epping Forest Riders Association

COMBINED TRAINING

.....WITH A DIFFERENCE

Dressage & TREC Training with scoring at the end

4th April 2020

**At Woodlands Stables, Sewardstone,
Waltham Abbey, London E4 7RD**

By Mrs Jill Perry BHS AI Reg. Instructor and TREC TD.

And Dressage judge Mr. Mal Phillips

Dressage and TREC PTV /MA Training/Competition.

Each TREC session will have a maximum of 4 riders and will offer one hour of training to complete ten obstacles found in TREC competitions. At the end of the session, each rider will ride the course and be judged.

For the dressage training each rider will have an allocated time to ride a dressage test of their choosing from (Intro through to Novice). They will then be given advice and pointers by our guest trainer Mr. Mal Phillip's assisted with a writer, at the end of the session, each rider will ride the test under test conditions and will be judged again, roughly 25mins per person.

These dressage points plus the TREC points will be added together to find our overall winners for the day, 1st to 6th places plus prizes.

Rosettes will also be awarded 1st-6th place plus prizes, for the individual winners of the TREC and the dressage tests.

Entry fee-

| | |
|-------------------------------------|-----|
| Combined Training (TREC & Dressage) | £45 |
| Single Training (TREC or Dressage) | £28 |

TREC TRAINING TIMES

Please advise the time you would like to attend and give a second choice in case this is already booked.

| | | |
|---------|--------------------|---|
| Group 1 | 10.00am to 11.20am | If you would like to ride with others, then please give names of the other riders so we can accommodate your request please circle the time you would like. |
| Group 2 | 11.25am to 12.45pm | |
| Group 3 | 12.55pm to 14.15pm | |
| Group 4 | 14.20pm to 15.40pm | |
| Group 5 | 15.45pm to 17.05pm | |

DRESSAGE TRAINING TIMES

Dressage times will be allocated as closely to the TREC times as possible but please indicate your choice of test and if you would prefer the dressage training to be before or after the TREC, the times could start from 8.30 am for the dressage.

| | Please tick |
|----------------|-------------|
| Intro B (2009) | |
| P 2 (2016) | |
| P 18 (2002) | |
| N24 (2010) | |
| N28 (2010) | |

For further information please go to East Anglia TREC Group web page.

or www.efra.co.uk

Or contact Jill Perry on jperry-trec@live.co.uk

Competitor equipment.

- Hard hat that complies with the current standards PAS 015, ASTM F1163, bearing a kite mark or SEI.
- Appropriate riding wear for both disciplines

Helpers are always welcome:

No judging experience is necessary. You will be given full instructions on what to do.

Terms and Conditions

Woodlands Stables, EFRA, Mal Phillips and Jill Perry have taken all reasonable precautions to ensure the health, safety and welfare of every one at this event. In order for these measures to be effective everyone should take all reasonable precautions to avoid and prevent accidents occurring and should obey the instructions of the organiser, officials and stewards.

Please ensure horses and ponies are not left tied up without supervision outside a trailer/lorry as the venue is not enclosed.

Please keep dogs on leads. Children are to be supervised at all times.

Clear up any droppings/hay etc. We want to be asked back 😊

Equine Flu Requirements: TREC GB Equine Flu 2019. [These are mandatory, Please check the website for up to date information.](#)

Unfortunately, as widely publicized, there have been outbreaks of equine flu over the past few months, and as per the website, TREC GB has issued a protocol to be followed for any competitions/training/events run under the TREC GB banner. Please be aware as a competitor that these are minimum requirements, and the actual event venue may have tighter rules (i.e. vaccinations at 6 monthly intervals). **Please Check the venue's own Flu regulations.**

The Board of TREC GB would like to promote, as best practice, the following:

Copies of passports with vaccinations (including the correct information PRIOR to 2014, i.e. the first 2 injections within the correct time, and all subsequent ones done on or within the 365-day timescale every year from 2014 to the present, OR a new course started from 2014, again with every booster on or within 365 days). This should be sent to the organizer/secretary as soon as possible, so checks can be made, and if necessary, a new course can be started. No horse/pony can attend a TREC GB event unless the 2 primary vaccinations have been done and this requires a minimum of 28 days to complete. All vaccinations should be given at least 6 days before the competition.

Please send a copy of your horse's vaccination certificate to the entries secretary along with your entry before the closing date. Copies can be sent by email or post to the event secretary. Bring the documents with you and present them to the organizers before unloading your horse. Checks will be carried out at the venue.

For more information visit our websites www.trecqb.com or www.eastangliatrec.co.uk

ENTRY FORM.

Woodlands Stables 4th April Combined Training.

| Class | Rider | Horse | Horse height | Entry fee |
|-------|-------|-------|--------------|-----------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Method of payment: (cross out) **Cheque/Bank Transfer** **TOTAL:**

Please complete 1 entry form per rider.

I am entering the: TREC Dressage Both (Please delete as necessary).

Name :

Address:

Post code :

Tel No:

E mail (required):

Please provide a phone no so that we can contact you if there is a problem with computers.
Please supply your membership number, or you will be charged the non-member fee.

Rider: EFRA no: TREC GB no: EATG no: Non Member:

EMERGENCY CONTACT DETAILS IN THE EVENT OF AN INCIDENT ON THE DAY
NAME PHONE

I have read, understand and agree to abide by the **rules** of TREC GB and the terms and conditions.

Riders under 16 must provide a **parental consent form**.

Both of the above will be found on the TREC GB web site.

Signed: _____ Date: _____

Please send your entries to Mrs Jill Perry.

Aldburys Farm, Hatfield Broad Oak, Near Bishops Stortford, HERTS. CM22 7JX.

Cheques made payable to Mrs V.J.Perry, with on the back: EFRA

Or bank transfer . – SC: 07-01-16 Acc no: 43359340 Ref: Woodland Stables 04.04