

**Epping Forest Riders Association.  
POR Orienteering on horse back  
by kind permission of Mr Don Miller.  
The Gardens of Hanbury.  
Pynest Green Lane.  
High Beach, Waltham Abbey.  
Essex.  
EN9 3QL**

**31st May 2020**



This competition gives you the chance to ride over some lovely countryside, and Epping Forest a mixture of Minor roads, Permissive horse paths, Bridleways and Forest tracks.

Class one and two will be mainly on bridleways, Minor roads and Epping forest Tracks.

**Class One. Level 1 Pairs only.**

Distance about 10 to 15 km. This class is aimed for the novice rider and or horse.

There will be help in the map room to draw the route. The route will not be marked, so you do need to follow the map. There will be tickets to help, A4 white card with numbers on it, sited to help the rider keep on the correct route.

The pair can consist of a novice rider and a more experienced rider. If both riders are experienced please compete in class 2

**Class Two. Level 1 A. Individuals or Pairs**

Distance 10 to 15 km. For the more experienced. For pairs or Individuals. Aimed at horses or riders who cannot compete in the higher classes, but still love to have a go.

**Class three to six** will use Forest tracks, Permissive horse paths, Bridleways, Minor roads and some crossing busy roads (they will be supervised)

**Class Three Level 2: Pairs.** Distance 15 to 25 km. Open to more experienced riders who compete at level 2

**Class Four Level 2. Individuals.** Distance: 15 to 25km. As above

**Class Five level 2A Pairs.** Distance 15-25 Km. To include Bearings or Grid references.

**Class six Level 2A Individuals.** as above

**Entries must be received by 24<sup>th</sup> May** late entries will be accepted by the discretion of the organiser and may be subjected to a surcharge. Please enter early as places are limited.

Jill Perry will be emailing every body their allotted times if you don't receive your times please either email Jill Perry on [jperry-trec@live.co.uk](mailto:jperry-trec@live.co.uk) or 07984477991.

**Entry Fee for all Classes, per person.**

**£30.00 before closing date and £35.00 after the closing date.**

**EFRA Members deduct £4.00 but we need your up to date membership no.....**

**The entry fee includes the Corporation of London Riders Licence for the day and parking at the venue.**

**If you have an up to date Corporation of London Riders Licence, you may deduct £5.00 from the entry fee. Please provide your up to date Licence no.....**

**All riders will need to have Public Liability insurance please provide details .....**

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**Equine Flu Requirements: TREC GB Equine Flu 2019. [These are mandatory, please check the website for updated information.](#)**

Unfortunately, as widely publicized, there have been outbreaks of equine flu over the past few months, and as per the website, TREC GB has issued a protocol to be followed for any competitions/ training/events run under the TREC GB banner. Please be aware as a competitor that these are minimum requirements, and the actual event venue may have tighter rules (i.e. vaccinations at 6 monthly intervals). **Please Check the venue's Flu regulations.**

The Board of TREC GB would like to promote, as best practice, the following:

Copies of passports with vaccinations (including the correct information PRIOR to 2014, i.e. the first 2 injections within the correct time, and all subsequent ones done on or within the 365-day timescale every year from 2014 to the present, OR a new course started from 2014, again with every booster on or within 365 days). This should be sent to the organizer/secretary as soon as possible, so checks can be made, and if necessary, a new course can be started. No horse/pony can attend a TREC GB event unless the 2 primary vaccinations have been done and this requires a minimum of 28 days to complete.

**Please send a copy of your horse's vaccination certificate to the entries secretary along with your entry before the closing date. Copies can be sent by email or post to the event secretary.**

**Bring the documents with you and present them to the organizers before unloading your horse. Checks will be carried out at the venue.**

**Rosettes 1<sup>st</sup> to 6<sup>th</sup> place in all classes, plus prizes.**

There will light refreshments at the venue for you to buy.

Toilets are available on site. Water is also available on site.

## **Competitor and Horse equipment.**

### **Compulsory:**

- Hard hat that complies with the current standards PAS 015, ASTM F1163, bearing a kite mark or SEI.
- Horse and rider ID with name and emergency phone number clearly displayed. (You will be given emergency name and number when we give out your times a few days before the date).
- Safe and appropriate clothing and foot ware.
- Hi Viz clothing must be worn by both horse and rider.
- Head collar and lead rope fitted or on the horse.
- No sat- nav devices are allowed.

### **Recommended Equipment for all riders.**

- Compass
- Pens for drawing the route on the maps. Two colours, thin nibs, red or pink, or orange, blue or black for notes.
- Torch, head torch is ideal.
- Map bag - flexible is ideal (never put it around your neck it is dangerous).
- Saddle bag.
- First aid kit for human and horse (e.g. Bandage, saline solution or whips, wound powder) (level 2 upwards need hoof boots)
- Water proofs.
- Whistle used for emergency and to be carried by the rider.
- Mobile phones can be carried, level one we ask you to keep them switched on, in case we need to contact you or visa-versa.
- For level 2, we ask you to turn phone off, and put into a sealed bag. If you get into trouble you can open the bag and phone us, penalties will be given, if phones are deemed to be used inappropriately.

### **Helpers are always welcome:**

**No judging experience is necessary. You will be given full instructions on what to do.**

**A Bottle of wine or M/S voucher will be given to people who help.**

**You will also be given a food goody bag to help you through the time while you are at the check point etc. All you need to bring is a folding chair and a mobile phone, at some places there might be parking for a car. We will provide a Clock, paperwork clip boards and pens and food.**

## Terms and Conditions

Epping Forest Riders Association and Jill Perry, have taken all reasonable precautions to ensure the health, safety and welfare of every one at this event. In order for these measures to be effective everyone should take all reasonable precautions to avoid and prevent accidents occurring and should obey the instructions of the organiser, officials and stewards.

**Please ensure horses and ponies are not left tied up without supervision outside a trailer/lorry**

**Please keep dogs on leads. Children are to be supervised at all times.**

**Clear up any droppings/hay etc. We want to be asked back😊**

## Epping Forest Riders Association Refund Policy

No entry will be refunded after the closing date except on the production of a medical or veterinary certificate to be shown within 5 days of the competition. £4 will be retained for administration costs.

In the event of cancellation of the event a voucher will be issued for entry to other EFRA Events. If the venue is changed, if you are unable to attend, a voucher for entry for other EFRA events will be issued.

All entries **must** be paid for before the event by cheque or bank transfer using the correct entry form.

EFRA's decisions regarding refunds are final. Every effort will be made to be flexible and reasonable. EFRA is a non-profit organisation but must meet its costs for running events.

## **GDPR**

Please note Jill Perry and EFRA & EATG does not share information about our members and competitors except to contact you about EFRA and EATG related events and to publish results online, with TREC GB and in the Equine Press. We also include photos taken at events by authorised photographers. If you do not want EFRA & EATG to use your information in this way, please contact us via our email or using the contact information in this schedule.



**EAST ANGLIA TREC GROUP (affiliated to TREC GB)**

**Membership £15 per year.** For more information contact

Jan Arthur 07813 905022 email: [j.arthur0985@btinternet.com](mailto:j.arthur0985@btinternet.com)

Or Jill Perry 07984 477991 email: [jperry-trec@live.co.uk](mailto:jperry-trec@live.co.uk)

To download more schedules and dates for future events go to the EATG website:  
[www.eastangliatrec.co.uk](http://www.eastangliatrec.co.uk)

**ENTRY FORM.**

**Please use separate entry form for each person.**

### 31<sup>st</sup> May 2020 POR

Class	Rider	Horse	Horse height	Entry fee	

Method of payment: (cross out) Cheque/Bank Transfer TOTAL:

Name :

Address:

Post code :

Tel No:

Email :

Please provide a phone no, so that we can contact you if there is a problem with computers /web site.

Please supply your membership number, or you will be charged the non-member fee.

Rider: Corporation Licence no:... .. EFRA no... .. Non Mem... ..

**All riders will need to have Public Liability insurance please provide details .....**

I have read, understand and agree to abide by the **rules** of TREC GB and Epping Forest Riders association and the terms and conditions.

Riders under 16 must provide a **parental consent form**.

Both of the above will be found on the TREC GB web site.

Signed Rider

\_\_\_\_\_ Date: \_\_\_\_\_

**Please send your entries to Mrs Jill Perry.**

**Aldburys Farm. Hatfield Broad Oak. Near Bishops Stortford. HERTS. CM22 7JX.**

**Cheques made payable to Epping Forest Riders Association.**

**Or bank transfer: sort code 07-01-16. Account no 43359340. Ref – EFRA POR 31<sup>st</sup> May**